



Wattleview P.S.
Senior Swimming Program 2017
Monday 11th September — Friday 22nd September

Dear Parents/Guardians,

SCHOOL SWIMMING LESSONS INFORMATION

Learning to swim and survive is a life skill, like learning to read and write. It is important that every child have the opportunity to learn and develop essential swimming and water safety skills.

Swimming in the back yard pool or beach over summer is not a substitute for formal swimming lessons, however can assist in water awareness and progression of skills.

A recent study conducted by Life Saving Victoria in 2014 has shown that less than 40% of grade 6 students in Victoria can competently and confidently swim 50 metres freestyle. This is a major concern and it highlights the importance of your child getting regular access to quality aquatic education to prevent them becoming a drowning statistic or acquiring a lifelong disability or brain injury.

Our school has chosen The YMCA Swimming Lesson Program, which educates students in stroke technique, water safety and decision making in and around water. Students are taught swimming technique, however combined with this, is a major emphasis to educate students on the life skills of aquatic safety and survival.

Students will participate in the following activities during the school program:

Stroke Development

Non-contact Rescue Techniques

Clothes Swimming Activities

Personal Survival Strokes and Skills

Deep Water Activities

Simulated Open Water Experiences

Lifejacket Use

Rescue Activities

All of the above skills, techniques and activities are taught by AUSTSWIM qualified YMCA Swimming Teachers in a safe and controlled environment.

Students are assessed on their Swimming and Survival Skills when placed into groups for school swimming.

On the completion of the program, students will receive written feedback on their ability.

Yours Sincerely,

Elaine Wilson
PRINCIPAL

Andrew Higgins
PHYS.ED. COORDINATOR





WATTLEVIEW P.S. JUNIOR SWIMMING PROGRAM 2017

WHEN: Monday September 11th — Friday September 22nd
(last 2 weeks of Term 3)

VENUE: Knox Leisureworks, Boronia

SESSION TIMES: 1. 9.30am – 10.15am (**Foundation**)
2. 10.15am – 11.00am (**1/2s**)

COST: **\$130.00** (Includes Transport, Instruction for 45 min. sessions per day and Assessment)

PAYMENT DUE IN FULL BY FRIDAY 8th SEPTEMBER, 2017

EXPRESSION OF INTEREST/PERMISSION FORM

Wattleview P.S Junior Swimming Program 2017
Monday September 11th — Friday September 22nd, 2017

My child _____ from grade _____ **WILL / WILL NOT** be participating in the 2017 Junior Swimming Program.

In the event of injury or illness, I authorise the Principal or teacher in charge of the excursion to consent, where it is impracticable to communicate with me, to the child receiving such medical or surgical treatment as may be deemed necessary by a qualified medical practitioner.

*In signing this form I agree to pay the total cost of the Junior Swimming Program 2017, which will be paid in full by Friday September 8th, 2017

* Parent/Guardian Signature _____

* Emergency Contact Number/s _____

\$130.00
CASH/EFTPOS
INTERNET TRANSFER
BSB 033-326
ACC NO 300047
CSEF